

## **Caitlin S. Condit, Ph.D.**

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### **EDUCATION**

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#### **Ph.D. Clinical Psychology**

American University, College of Arts and Sciences, Washington, D.C., received December 2018  
Dissertation: *Hair Pulling in Black and White College Students: Understanding Clinical Distress and Impairment in Symptom Expression Among Groups*

#### **M.A. Psychology**

American University, College of Arts and Sciences, Washington, D.C., received May 2014  
Thesis: *Factor Structure of the Social Phobia and Social Interaction Anxiety Scales Among Asian Americans*

#### **B.A. Psychology**

University of Maryland, College Park, MD, received May 2010

### **SUPERVISED CLINICAL EXPERIENCE**

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#### **Sarah Weden, Psy.D. & Associates**

August 2019 – Present

*Licensed Clinical Psychologist*

*Supervisor: Sarah Weden, Psy.D.*

- Administer Autism Diagnostic Observation Schedule, Second Edition (ADOS-2) to child and adolescent clients, as well as educational and neuropsychological batteries
- Write integrated reports of assessment battery results for parents, school personnel, and pediatricians

#### **Mount Washington Pediatric Hospital, Baltimore, MD**

August 2018 – August 2019

*Post-Doctoral Autism/Outpatient Psychology Fellow - Dept. of Psychology*

*Supervisor: Jill Gatzke, Ph.D.*

- Deliver ongoing outpatient individual psychotherapy to children and adolescents presenting with a variety of psychological conditions
- Administer and score autism, educational, and psychological assessments to child and adolescent clients
- Write integrated reports of assessment battery results for parents, school personnel, and pediatricians

#### **Mount Washington Pediatric Hospital, Baltimore, MD**

August 2017 – August 2018

*Pre-Doctoral Intern - Dept. of Psychology*

*Supervisor: Kenneth Gelfand, Ph.D.*

- Provide inpatient consultation and treatment in a rehabilitation setting to patients presenting with issues related to coping, adjustment, behavior and parenting difficulties, mood concerns, machine desensitization, medication/treatment adherence, and pain management as a result of various physical traumas and other medical conditions
- Deliver ongoing outpatient individual psychotherapy to children and adolescents presenting with a variety of medical and psychological conditions
- Provide psychological screening as a member of a multi-disciplinary team in outpatient pulmonary clinic
- Administer and score autism, educational, and psychological assessments to child and adolescent clients
- Write integrated reports of assessment battery results for parents, school personnel, and pediatricians

**Children's National Medical Center, Washington, D.C.**  
*Extern in Behavioral Health - Dept. of Pulmonary Medicine*  
*Supervisor: Daniel Lewin, Ph.D.*

August 2016 – May 2017

- Provide inpatient and outpatient consultation and treatment to patients presenting with issues related to coping, adjustment, behavior and parenting difficulties, mood concerns, machine desensitization, medication/treatment adherence, and pain management as a result of cystic fibrosis, asthma, vocal cord dysfunction (VCD), bronchitis, pneumonia, Pierre Robin syndrome, and other pulmonary diagnoses
- Deliver ongoing outpatient individual psychotherapy, including Continuous Positive Airway Pressure (CPAP) machine desensitization, to children and adolescents with cystic fibrosis, asthma, VCD, and/or pneumonia
- Provide psychological screening as a member of a multi-disciplinary team in outpatient pulmonary clinic

**Children's National Medical Center, Washington, D.C.**

August 2015 – June 2017

*Extern in Pediatric Psychology - Depts. of Hematology/Oncology & Blood/Marrow Transplantation*

*Supervisors: Steven Hardy, Ph.D. & Amanda Thompson, Ph.D.*

- Provide inpatient and outpatient consultation and treatment to patients referred from the divisions of hematology and oncology presenting with issues related to coping/adjustment, behavior and parenting difficulties, mood concerns, medication/treatment adherence, pain management, and death and dying
- Deliver ongoing outpatient individual psychotherapy to youth with sickle cell disease and cancer
- Provide psychological screening as a member of a multi-disciplinary team in an oncology survivorship clinic
- Coordinate with school systems to provide recommendations for academic achievement in youth both on- and off- treatment for childhood cancer or other blood disorders
- Participated in case presentation at hospital Interdisciplinary Professional Rounds for patient with complicated blood disorder (hemophagocytic lymphohistiocytosis)

**American University Counseling Center**

August 2015 – May 2016

*Practicum Trainee*

*Supervisor: Rachel Wernicke, Ph.D.*

- Provide brief and long-term individual psychodynamic therapy to university students

**Greenbelt CARES**

October 2014 – May 2016

*Psychology Extern*

*Supervisor: Liz Park, Ph.D. & Teresa Smithson, LCSW.*

- Provide CBT based family and individual therapy to residents of the Greenbelt, MD community
- Administer a variety of outcome measures such as Child & Adolescent Functional Assessment Scale (CAFAS), Global Assessment of Functioning Scale (GAF), and the Community Reinforcement and Family Training Scale (CRAFT)

**The Behavior Therapy Center of Greater Washington**

October 2014 – June 2017

*Clinical & Administrative Assistant*

*Supervisors: Charles Mansueto, Ph.D. & David Keuler, Ph.D.*

- Deliver time limited cognitive behavior therapy and exposure and response prevention therapy to child, adolescent, and adult patients diagnosed with OCD and/or depression
- Assist with exposure based interventions for children, adolescents, and adults with OCD, Social Phobia, Panic, and/or Depression
- Assist with Behavioral Assessment Test administration for adult sufferers of social anxiety and depression
- Co-led Parent Management Training group for primary caregivers of children and adolescents with oppositional and anxiety based behavioral issues
- Co-led Social Effectiveness Training group for adolescents with social anxiety
- Co-led with Hoarding group and Giving Obsessive-compulsives Another Lifestyle (GOAL) group for adults
- Screen prospective patients for diagnoses and schedule initial consultations
- Participate in professional continuing education seminars

**James J. Gray CBT Clinic, American University**

September 2014 – August 2015

*Practicum Trainee*

*Supervisors: David Haaga, Ph.D. & Sarah Spencer, Ph.D.*

- Provide brief and long-term individual cognitive behavior therapy to individuals in the community
- Monitor treatment progress using outcome measures

**American University, Department of Psychology**

September 2014 – December 2014

*Assessment of Intellectual & Personality Functioning Practicum Trainee*

*Supervisor: Kathleen Gunthert, Ph.D.*

- Trained to administer, interpret, and score Wechsler Intelligence Scale for Children (4<sup>th</sup> edition; WISC-IV), Wechsler Adult Intelligence Scale (4<sup>th</sup> edition; WAIS-IV), and Minnesota Multiphasic Personality Inventory (2<sup>nd</sup> edition; MMPI-2) assessments to child and adult community members and undergraduate students
- Wrote integrated reports of WAIS-IV and MMPI-2 assessment battery results

**The Behavior Therapy Center of Greater Washington**

November 2013 – August 2014

*Therapist & Independent Evaluator*

*Supervisors: David Haaga, Ph.D. & Ruth Golomb, LCPC*

- Provided CBT to adults with trichotillomania as part of manualized clinical treatment study
- Administered and scored the Massachusetts General Hair Pulling Questionnaire (MGH), Psychiatric Institute Trichotillomania Scale – Semistructured Interview (PITS), Trichotillomania Diagnostic Interview – Revised for DSM-5 (TDI-R), NIMH Trichotillomania Symptom Severity Scale (NIMH-TSS), NIMH Trichotillomania Impairment Scale (NIMH-TIS), and sections of the Structured Clinical Interview for DSM-IV (SCID-IV) to study participants at baseline and three months post-treatment

**American University Counseling Center**

September 2013 – May 2014

*Practicum Trainee*

*Supervisor: Carol Weissbrod, Ph.D.*

- Provided brief and long-term individual experiential psychotherapy to university students

**ADDITIONAL CLINICAL TRAINING**

- Rorschach Workshop January 2015
  - Presenter: Alan L. Schwartz, Psy.D.
- Professional Training Institute (PTI) – Trichotillomania Learning Center November 2013
  - Presenters: Charles S. Mansueto, Ph.D. & Ruth Golomb, LCPC

**RESEARCH EXPERIENCE**

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**American University, Department of Psychology**

May 2011 – Present

**Anxiety Disorders Laboratory**

*Research Assistant*

*Principal Investigator: Michele Carter, Ph.D.*

- Conduct study examining hair pulling disorder in non-clinical sample of African American young adults
- Assist with study examining social anxiety using an implicit association test
- Conducted study examining the factor structure of Social Phobia Scale (SPS) and Social Anxiety Interaction Scale (SIAS) in African American, Asian American, and European American adults
- Scheduled and monitored participants completing the Multigroup Ethnic Identity Measure (MEIM), Beck Depression Inventory (BDI-II), Beck Anxiety Inventory (BAI), SPS, and SIAS
- Trained to administer the specific phobia section of the Anxiety Disorders Interview Schedule for DSM-IV (ADIS-IV)

**American University & Behavior Therapy Center of Greater Washington**

November 2012 – October 2013

**Efficacy of Comprehensive Behavioral Model of Treatment of Trichotillomania (ComB)**

*Research Assistant*

*Principal Investigators: David Haaga, Ph.D. & Charles Mansueto, Ph.D.*

- Assisted with drafting of manual for treatment study on trichotillomania (*ComB*)

**University of Maryland, Department of Psychology  
Comprehensive Assessment Intervention Program Laboratory**

May 2011 – December 2011

*Research Assistant*

*Principal Investigator: Andres De Los Reyes, Ph.D.*

- Trained to administer the Liebowitz Social Anxiety Scale for Children and Adolescents (LSAS-CA)

**University of Maryland, Department of Psychology  
Child Stress and Emotions Laboratory**

August 2010 – May 2012

*Project Coordinator*

*Principal Investigator: Lea Dougherty, Ph.D.*

- Recruited, scheduled, and conducted laboratory visits with children of parents with depression
- Conducted coding of observations of preschoolers' emotions and behaviors during the Lab-TAB and negative and positive cognitive styles in child participants
- Developed five different coding schemes for assessing shame, embarrassment, social cognitions, impulsivity, and persistence of 3 to 5 year old children during various laboratory tasks
- Collected cortisol and genetic samples from participants
- Trained undergraduate research assistants in data entry and to code the Lab-TAB
- Assisted with the development of stimuli for a neuroimaging study examining the neural basis of emotion regulation during early to middle childhood
- Supervised all undergraduate research assistants
- Updated budget records of laboratory expenses and maintained financial records of laboratory expenses and inventory of laboratory materials

**University of Maryland, Department of Psychology  
Child Stress and Emotions Laboratory**

August 2009 – July 2010

*Research Assistant*

*Principal Investigator: Lea Dougherty, Ph.D.*

- Administered parent-child interaction tasks
- Conducted observational coding of 3 to 5 year old children using Lab-TAB
- Developed age appropriate tasks for episodes
- Created and managed SPSS data files

**University of Maryland, Department of Psychology  
Infant Studies Laboratory**

November 2007 – July 2009

*Research Assistant*

*Principal Investigator: Amanda Woodward, Ph.D.*

- Coded preschoolers' eye movements during offline comprehension test using digital video coding program (INTERACT)
- Presented stimuli to 18 month old infants in Spanish to investigate effects of language on in-group vs. out-group preference
- Coded 18 month old infants' execution of imitation task on frame by frame basis using INTERACT
- Presented stimuli to infants to test their understanding of goal directed actions
- Provided novel labels for preschoolers to investigate their word learning
- Performed live coding of infants' eye movements
- Trained in reliability coding for age groups ranging five to seventeen months

## PUBLICATIONS

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- Manchester, C., Frazier, A., **Condit, C.S.**, Lewin, D. (Submitted for Initial Review). Pulmonary complications of mental health problems. *Pulmonary Complications of Non-Pulmonary Diseases*.
- **Condit, C.S.**, Carter, M., Tang, D., & Rothstein, L.A. (2015). Cultural validity and the measurement of social anxiety: Asian American groups are not psychometrically equivalent. *Journal of Depression and Anxiety*.
- Carter, M.M., Sbrocco, T., Tang, D., Rekrut, F.M., & **Condit, C.S.** (2014). Psychometric properties of the social phobia and social interaction anxiety scales: Evidence of construct equivalence in an African American sample. *Journal of Anxiety Disorders*, 28, 633 - 643.

## CONFERENCE PRESENTATIONS

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- Weintraub, N., Yood, D., Kessler, J., & **Condit, C.S.** (2016, July). *The OCD Game Show for Kids*. Lecture presented at the 23<sup>rd</sup> Annual Conference of the International OCD Foundation, Chicago, IL.
- Weintraub, N., Yood, D., & **Condit, C.S.** (2015, July). *The OCD Game Show for Kids*. Lecture presented at the 22<sup>nd</sup> Annual Conference of the International OCD Foundation, Boston, MA.
- Weintraub, N., Yood, D., & **Condit, C.S.** (2015, April). *The TTM Game Show for Kids*. Lecture presented at the 22<sup>nd</sup> Annual Conference of the Trichotillomania Learning Center, Arlington, VA.
- **Condit, C.S.**, Carter, M., Tang, D., & Rothstein, L.A. (2014, November). Factor Structure of the Social Phobia Scale and Social Interaction Anxiety Scale: Differences between South-Asian and East Asian Americans. Poster presented at the 48th annual meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
- Smith, V.C., Tolep, M.R., **Condit, C.S.**, & Dougherty, L.R. (2014, November). Cortisol Awakening Response in Preschoolers and Depression Risk: Relations with Parental History of Depression and Child Temperament. Poster presented at the 48th annual meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
- Weintraub, N., Yood, D., & **Condit, C.S.** (2014, July). *The OCD Game Show for Kids*. Lecture presented at 21<sup>st</sup> Annual Conference of the International OCD Foundation, Los Angeles, CA.
- **Condit, C.S.**, Carter, M., & Tang, D. (2013, November). Factor Structure of the Social Phobia and Social Interaction Anxiety Scales Among Asian Americans. Poster presented at the 47th annual meeting of the Association for Behavioral and Cognitive Therapies, Nashville, TN.
- Tang, D., Carter, M., & **Condit, C.S.** (2013, November). Factor Structure of the Social Phobia and Social Interaction Anxiety Scales Among African Americans. Poster presented at the 47th annual meeting of the Association for Behavioral and Cognitive Therapies, Nashville, TN.
- Tolep, M.R., **Condit, C.S.**, Smith, V.C., & Dougherty, L.R. (2013, May). The Conundrum of the Laboratory: Challenges of Assessing Preschool-Age Children's Salivary Cortisol Reactivity. Poster presented at the 25th annual meeting of the Association for Psychological Science, Washington, D.C.
- Smith, V.C., Tolep, M.R., **Condit, C.S.**, & Dougherty, L.R. (2013, May). Noisy Spit: Parental Noncompliance with Child Salivary Cortisol Sampling. Poster presented at the 25th annual meeting of the Association for Psychological Science, Washington, D.C.
- **Condit, C.S.** (2012, February). *The Truth Behind Compulsive Behaviors*. Lecture presented at Howard University, School of Social Work, Washington, D.C.
- Hufford, B.S., Rush, N. & **Condit, C.S.** (2011, July). *The OCD Game Show for Kids*. Lecture presented at 18<sup>th</sup> Annual Conference of the International OCD Foundation, San Diego, CA.
- Quinn, M.E., Tolep, M.R., Smith, V.C.H., **Condit, C.S.**, Hayden, E.P. & Dougherty, L.R. (2011, May). *Negative Cognitive Styles and Cortisol Reactivity in Preschoolers: Investigating Mechanisms of Risk for Depression*. Poster presented at 23<sup>rd</sup> Annual Convention of the Association for Psychological Science, Washington, D.C.
- Tolep, M. R., Bufferd, S.J., **Condit, C.S.**, Olino, T.M., Dyson, M.W., Rose, S.A., Dougherty, L.R. & Klein, D.N. (2011, May). *Preschool Anxiety Disorders: Comprehensive Assessment of Clinical, Demographic, Child, and Familial Correlates*. Poster presented at 23<sup>rd</sup> Annual Convention of the Association for Psychological Science, Washington, D.C.

## **TEACHING EXPERIENCE**

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American University, Department of Psychology

August 2013 – August 2014

*Teaching Assistant*

*Instructor: Michele Carter, Ph.D.*

- Anxiety, Fall 2013
- Psychopathology, Spring 2014

University of Maryland, College Park, College of Behavioral & Social Sciences

August 2008 – December 2008

*Teaching Assistant*

*Instructor: Sue Briggs, Ph.D.*

- Introduction to CIVICUS

## **AD HOC REVIEWING**

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- Journal of Counseling Psychology
- Journal of the National Medical Association
- Journal of Obsessive-Compulsive and Related Disorders